

BREAKFAST - À LA CARTE  
R 120.00



07H30 - 09H30  
Tuesday - Sunday

TEA, COFFEE AND DRINK OF THE DAY: self-help

STARTER OF THE DAY

HOT FROM THE KITCHEN - choose any three items:

(Comes with muffins, toast, jams and cashew cream cheese)

1. POLENTA FLAPJACK  
with flax meal and herbs
2. FRENCH TOAST  
with a nutty flavour and served with cinnamon dukkah
3. SPINACH AND POTATO ROSTI  
made with chickpea flour
4. GREEN SALAD  
A selection of greens fresh from our garden
5. CHAKALAKA  
A spicy South African Condiment made of beans, carrots, peppers and tomatoes
6. TOMATO AND ONION SALSA  
Slightly steamed with spring onions
7. ZUCCHINI & MUSHROOMS  
Brought together with brown stock and spices
8. PICKLED COLESLAW  
Carrots and cabbage in horseradish mayonnaise
9. CHICKPEA AND BEAN PATÉ
10. FRIED BANANA
11. SCRAMBLED TOFU  
Flavoured with onions and aubergine and lightly spiced

. . . . NOTHING TASTES AS GOOD AS VEGAN FEELS . . . .