

## OLD JOE'S KAIA COUNTRY HAVEN

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# THE SEEDLING

vegan restaurant

## FRUIT PANNA COTTA

Blitz the following in a processor until smooth:

<i>1 tin mango slices and its syrup</i>
<i>90 g brown sugar</i>
<i>2.5 ml agar-agar powder</i>
<i>2.5 ml xanthan gum</i>
<i>5 ml vanilla essence</i>

Mix in the following: *1 tin coconut Cream*

Heat the mixture in a pot and boil for 4 minutes, then cool for 10 minutes. Divide between 16 moulds and refrigerate until needed.

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These panna cottas are ideal as a breakfast starter with fresh fruit or as a dessert with Pistachio Caramel and a swirl of chocolate.

*Note: agar-agar and xanthan gum are available at Dischem, health shops and some larger Spars*