



OLD JOE'S KAIA  
EVENTS



...FOR THE DREAMERS OF A BETTER WORLD...

This is an invitation to run your own  
**RETREAT OR WORKSHOP**  
at  
**Old Joe's Kaia**  
*Event Destination*

Take an easy three-hour drive from Johannesburg to the beautiful Schoemanskloof valley. Arrive, unpack, relax and start running your very own retreat or workshop. No mess, no fuss, just have fun doing what you do best - teaching, guiding and facilitating.

Under the sun, stars and sky we have exquisite permaculture based gardens, our seven circuit natural Labyrinth, the ceremonial Olive Room and swimming pool to add to the experience.

Old Joe's Kaia boasts an indoor Meeting Room with a wooden floor that is perfect for movement sessions for 17 yogis, or a meeting of minds with seating for 25, projectors and white boards. Our beautiful labyrinth and The Olive Room can be incorporated into your design. Our Travelers Lounge is where you will dine, unwind and connect in a more informal space with books galore to be read whilst sipping drinks or delicious wines.

We love to take the headache out of running workshops for you. We take care of every detail by:

- Co-marketing with you to our strong database
- Taking all bookings
- Handling payments
- Housing, spoiling and delighting participants with our divine vegan cuisine
- Hosting spouses that wish to be here but not necessarily participate in the workshop

## ROOM CONFIGURATION

- 8 rooms in total (one is complimentary for a maximum of two facilitator/s/presenter/s), sleeping maximum 16 people.
- 6 twin-bedded rooms sleeping 2 people each
- 2 queen-bedded rooms sleeping 2 people each



**STUDIO / FACILITY** can be viewed on the '[Colour My Life](#)' album on FaceBook.

This is a beautiful large wooden cabin with a wooden floor, air-conditioned and fully equipped. It can accommodate 17 yoga participants and a larger number of participants around table activities.

## THE LABYRINTH

Our 7-circuit Classical Labyrinth is often used by facilitators as part of

the weekend's proceedings and design. It is a serene and tranquil sacred space for deep contemplation and introspection. Alternatively, the indigenous plant growth that make up the circuits is a delight to the eye for those who simply want to forest bathe in beautiful nature.



## THE OLIVE ROOM

Here your design can incorporate fire and cleansing rituals. This sacred space is clean and bare with an altar and a wood fire pit.



## A TYPICAL WEEKEND EVENT runs from Friday night until Sunday lunchtime.

We distinguish between guests as follows:

Participants - as a presenter you would add your facilitation fees onto our standard fee (as above), either sharing or single.

Non-participants - some participants may bring a partner along who simply wants to enjoy our offering without being involved in your activities. This person will be quoted our standard sharing fee.

Non-resident participants - Old Joe's Kaia's cost is R 500.00 per day (R 950.00 for 2 days), including Breakfast and Lunch. Facilitator fee needs to be added to this.



## MINIMUM REQUIREMENT

We need a **minimum of 10 paying guests** (excluding the facilitator/s) to be booked in order to go ahead with the event.

Planning ahead is advisable so that the necessary marketing can be implemented to ensure the minimum number.

## MARKETING THE EVENT

This should be a joint effort and the responsibility of both the facilitator and the Old Joe's Kaia team. Flyers and other marketing material should be a combination of both parties' offering and should be designed as such. Old Joe's Kaia undertakes to finalise the end products before the invitation is sent out to both parties' databases and social media. A detailed list will be discussed before design work commences.

## FOOD AND CATERING

Old Joe's Kaia is a vegan establishment and does therefore not serve or use any animal products. Meals are healthy, nutritious and make for an exciting experience. Please view [Tripadvisor](#) for comments to see what people think of our offering.

## PREVIOUS WORKSHOPS

Some of the amazing, creative and mind expanding workshops we have hosted already are:

- Vegan Kitchen Adventures with Marian Cottle
- Numerous Yoga Retreats with Ravi Govender, Charlotte Davies, Maritz Steyn, Patrycja Moshoka, Chantel Marais, Melissa Adey
- Allaboutwriting with Richard Beynon & Jo-Anne Richards
- Colour my Life Women's retreat with Taryn Harris and Nicky Thomson
- Happiness retreats with Di Atherton

## TESTIMONIALS FROM OTHER FACILITATORS

*"Marian, Paul and their team go out of their way to make your stay special. Running workshops here is an absolute pleasure. Every little detail is taken care of and nothing is too much trouble."*

*"We are deeply indebted to you and your team for the warm and caring hospitality as well as the wonderful food, which added a special touch to our Practice of Happiness retreat. All the participants commented on how wonderful Old Joe's is and how pampered they felt."*

*"Thank you so much for creating such a magical space to support the experience we wanted."*



**2019 COST per resident for a 2-day-2-night intervention**  
(a typical weekend event)

**R 2000.00** per person sharing, facilitator cost to be added.  
(2x smaller single rooms available at the same rate)

**R 3000.00** per person single, facilitator cost to be added

*Should you want to run a **longer retreat** the cost would be:*

*R 935.00 extra per person sharing for every additional day*

**The costs include the following:**

2x dinner  
2x nights' accommodation  
2x breakfast  
2x lunch  
water

The above does not include beverages from the bar.

WE ARE A COUNTRY HAVEN OF AUTHENTIC LIVING  
WORKING IN HARMONY  
WITH BREATHTAKING NATURE  
TO NOURISH OUR GUESTS THROUGH  
SOULFUL ACCOMMODATION, WHOLESOME VEGAN FOOD,  
WELLNESS TREATMENTS,  
INSPIRATIONAL RETREATS & WORKSHOPS

Be in touch with us on [info@oldjoes.co.za](mailto:info@oldjoes.co.za) or 083 2293751 or 072 2613519  
See our website [www.oldjoes.co.za](http://www.oldjoes.co.za)

