



## EVENTS



...FOR THE DREAMERS OF A BETTER WORLD...

## This is an invitation to run your own RETREAT OR WORKSHOP

at

Old Joe's Kaia

*Event Destination*

Take an easy three-hour drive from Johannesburg, just under an hour from White River, to the beautiful Schoemanskloof valley. Arrive, unpack, relax and start running your very own retreat or workshop. No mess, no fuss, just have fun doing what you do best - teaching, guiding and facilitating.

Under the sun, stars and sky we have exquisite gardens with large trees and tremendous birdlife, our seven circuit natural Labyrinth, the ceremonial Olive Room and swimming pool to add to the experience.

Old Joe's Kaia boasts an indoor Meeting Room with a wooden floor that is perfect for movement sessions for 16 yogis, or a meeting of minds with seating for 25, projectors and white boards. Our beautiful **Labyrinth** and **The Olive Room** can be incorporated into your design. Our Travelers Lounge is where you will dine, unwind and connect in a more informal space with books galore to be read whilst sipping drinks or delicious wines.

We love to take the headache out of running workshops for you, **should you decide to make it a public event.** We will be happy to assist with the following:

- Taking all bookings
- Handling payments
- Housing, spoiling and delighting participants with our divine plant-based cuisine
- Hosting partners that wish to be here but not necessarily participate in the workshop

## ROOM CONFIGURATION

- 7 rooms in total (one is complimentary for a maximum of one facilitator/presenter), sleeping maximum 14 guests + 1(facilitator) - 12 + 1(facilitator) beds in total.
- 3 twin-bedded rooms sleeping 2 people each
- 1 triple-bedded room sleeping 3
- 1 double bed +1 single sleeping 3
- 1 + 1 (facilitator) queen-bedded rooms sleeping 2 people each



## STUDIO

This is a beautiful large wooden cabin with a wooden floor, air-conditioned and fully equipped. It can accommodate 16 yoga participants comfortably, and a larger number of participants around table activities.

## THE LABYRINTH

Our 7-circuit Classical Labyrinth is often used by facilitators as part of the

weekend's proceedings and design. It is a serene and tranquil sacred space for deep contemplation and introspection. Alternatively, the indigenous plant growth that make up the circuits is a delight to the eye for those who simply want to forest bathe in beautiful nature.



## THE OLIVE ROOM



Here your design can incorporate fire and cleansing rituals. This sacred space is clean and bare with an altar and a fire pit.

## A TYPICAL WEEKEND EVENT runs from Friday night until Sunday lunchtime.

We distinguish between guests as follows:

Participants - as a presenter you would add your facilitation fees onto our standard fee (as above), either sharing or single.

Non-participants - some participants may bring a partner along who simply wants to enjoy our offering without being involved in your activities. This person will be quoted our standard sharing fee.

Non-resident participants - Old Joe's Kaia's cost is R 495.00 per day (R 990.00 for 2 days), including lunch, tea & coffee. Facilitator fee needs to be added to this.

## MINIMUM REQUIREMENT

We need a **minimum of 10 paying guests** (excluding the facilitator) to be booked in order to grant exclusivity to the event as the only guests. Should there be less than 10 paying guests, Old Joe's Kaia reserves the right to rent the unused rooms and dining area to outside guests. Note that this does not mean you lose privacy or space, you are simply just not alone on the premises.

We accommodate 1 facilitator free of charge for 6 or more guests.

**The cut-off date to ensure exclusivity is 2 months ahead of the event starting date.**

## MARKETING THE EVENT

This should be a joint effort and the responsibility of both the facilitator and the Old Joe's Kaia team. Flyers and other marketing material should be a combination of both parties' offering and should be designed as such. Old Joe's Kaia undertakes to finalise the end products before the invitation is sent out to both parties' databases and social media. A detailed list will be discussed before design work commences.

## FOOD AND CATERING

Old Joe's Kaia is a vegan establishment and does therefore not serve or use any animal products. Meals are healthy, nutritious and make for an exciting experience. Please view [Tripadvisor](#) for comments to see what people think of our offering.

## PREVIOUS WORKSHOPS

Some of the amazing, creative and mind expanding workshops we have hosted already are:

- Vegan Kitchen Adventures with Marian Cottle
- Meditation retreats by Anthony Wray
- Numerous Yoga Retreats with Ravi Govender, Charlotte Davies, Maritz Steyn, Patrycja Moshoka, Chantel Marais, Melissa Adey
- Allaboutwriting with Richard Beynon & Jo-Anne Richards
- Colour my Life Women's retreat with Taryn Harris and Nicky Thomson
- Happiness retreats with Di Atherton

## TESTIMONIALS FROM OTHER FACILITATORS

*"Marian, Paul and their team go out of their way to make your stay special. Running workshops here is an absolute pleasure. Every little detail is taken care of and nothing is too much trouble."*

*"We are deeply indebted to you and your team for the warm and caring hospitality as well as the wonderful food, which added a special touch to our Practice of Happiness retreat. All the participants commented on how wonderful Old Joe's is and how pampered they felt."*

*"Thank you so much for creating such a magical space to support the experience we wanted."*



## 2025 RATES

### 2-DAY-2-NIGHT EVENT (a typical weekend event)

- **R 2495.00** per participant sharing, facilitator cost to be added.
- R 2060.00 per non-participant sharing
- **R 3495.00** per participant single, facilitator cost to be added.

#### **Above costs include the following per person:**

- 2 dinners
- 2 nights accommodation
- 2 breakfasts
- 2 lunches
- water, tea & coffee
- use of all facilities

The above does not include beverages from the bar.

### ADDITIONAL NIGHT

Should you want to run a **retreat longer than 2 days** the cost would be:

- **R 1050.00** extra per person sharing for every additional day
- **R 1525.00** extra per person single for every additional day

### NON-RESIDENT PARTICIPANTS

#### Daily Rate:

- **R 495.00** per participant, including lunch, tea & coffee and use of the facility per day - R990 for a 2-day intervention, facilitator cost to be added.
- Breakfast per person - R195.00
- Dinner per person - R325.00

### PAYMENTS (due dates are negotiable)

- **50% deposit** 2 months ahead of the event starting date.
- **Outstanding balance** paid 14 days ahead of the event starting date.
- Please observe **Exclusive Use** cut-off date in MINIMUM REQUIREMENTS.



PLEASE CONTACT US

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