

GREEN VILLAGE SALAD

SALAD INGREDIENTS:

On a medley of **various fancy lettuce leaves** arrange the following:

- **tomatoes** in wedges, or halved **baby tomatoes**
- slender green **cucumber**
- **green pepper**
- **red peppers**
- **red onion**, sliced
- **black olives**
- handful of torn **basil leaves**
- **tofu ricotta** (*find the [recipe HERE](#)*)

Optional extras:

- handful of **pumpkin seeds**
- handful of **pomegranate pips** or **goji berries**
- handful of **rocket** (arugula)

SALAD DRESSING

- **3** tablespoons **olive oil**
- **1** tablespoon **red wine vinegar**
- **2** tablespoons **fresh lemon juice**
- $\frac{1}{2}$ teaspoon **dried oregano**
- **1** teaspoon **parsley**, chopped
- **3** **garlic cloves**, crushed
- $\frac{1}{2}$ teaspoon **salt**
- **fresh ground black pepper**

Blend all dressing ingredients together at high speed until smooth.
Dress the salad just before serving.